

PERSONALISED SKIN CARE TREATMENTS

Senior Therapist

FACIALS:

Various Facials - Paraffin Mask, AHA Skin Renewal, Multi Vitamin, Environmental, Galvanic High Frequency, Intensive Acne Management, and Holistic are from:

1 Hr	£38.18	£41.99
½ Hr	£26.90	£29.59
½ Hr Acne Management	£28.98	£31.88
1½ Hr Contouring, Firming & Hydrating	£41.71	£45.88

All treatments include a detailed consultation, Superficial Cleanse, Deep Cleanse, Steam, Massage, Masque & Tone & Moisturise.

MANUAL LYMPH DRAINAGE: Detoxifies dull lifeless skin, increase circulation for all skin types.

MLF Full facial with massage	£45.48	£49.75
MLF Massage Only	£18.80	£20.68

Micro Dermabrasion includes full facial.

1¼ Hr	£48.00	£52.80
¾ Hr	£39.95	£43.94
6 Sessions – Save £24.90	£263.10	£291.90
10 Sessions – Save £70.00	£410.00	£458.00

ANTI-AGING – STAY YOUNG SYSTEM:

Stay Young technique is probably the most advanced non-surgical face & body lift treatment on offer in the UK. The treatment has been used in the medical profession for over twenty years for reconstruction of injured muscles and damaged tissue. One you have completed a course of treatments, a maintenance treatment is advised as a follow up, every 4-6 weeks.

1 Hr Facial		£44.65
	£49.11	
12 Sessions – Save £65.80	£470.00	£523.52
Eye Treatments.	£30.15	£33.16
Body Treatments Inc Bust, Abdomen & Buttocks.		
From	£32.90	£36.19

HOPI CANDLES

This treatment can be used on many conditions including, headaches, migraines, sinusitis, rhinitis and ringing in the ear. Snoring can be reduced. This treatment is soothing and includes a comprehensive face and head massage.

1Hr	£32.84	£36.12
6 Sessions for the price of 5– Save £27.45		£164.20
	£189.27	

REIKI

This treatment involves the laying on of hands to the body to increase energy flow and balance out the chakras.

1Hr		£33.00
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SPA BODY THERAPY

HYDRO-ACTIVE MINERAL SALT SCRUB:

Mineral rich sea salts combined with dried seaweed, aromatic oils & fruit enzymes to smooth & soften your entire body. Can be customised for you with hydroxy acids or a botanical detox complex. Includes dry body brushing, friction massage & buffing cloth.

¼ Hr Exfoliation	£33.78	£37.16
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BACK THERAPY TREATMENT:

After your back, shoulders & upper arms are deep cleansed & polished to a silken smoothness; any tight muscles are relaxed with a Swedish or Aromatherapy massage. Finished with either a customised Enzymatic Sea Mud Pack or soothing Hydro Pack.

1 Hr Stress Relief with Cleanse & Polish		£42.24
	£46.47	

ENZYMATIC SEA MUD WRAP:

Detoxifies & exfoliates your body with a warm purifying seaweed & mineral mud poultice, you will be specially wrapped to promote relaxation. Infused with aromatic botanical extracts & fruit enzymes to leave your skin feeling smooth & soft. Can be customised for you with detoxifying algae or Aromatherapy oils.

1 Hr Detoxify & Exfoliate	£45.53	£50.10
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BODY THERAPY HYDRO PACK WRAP:

An ultra soothing & hydration treatment, supplemented with Aromatherapy oils, oceanic algae or hydroxy acids. With these pure natural aloe-based packs you are swaddled in a thermal wrap to infuse the skin with moisture. Ideal for sun exposed skins.

1 Hr Soothing & Hydrating	£45.53	£50.10
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HERBAL LINEN WRAP WITH INDIAN HEAD MASSAGE:

Detoxifying herbal linen wrap, will transform your skin aiding in the removal of toxins. The Herbal soaked linens are wrapped around the body to aid elimination & reduce muscle tension. Relax while inhaling the richly fragrant infusion of the steaming hot herbs.

1Hr Relax & Detoxify	£45.53	£50.10
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A FULL DAY OF BEAUTY AND RELAXATION:

Enhancing facial with Eyelash tint & Eyebrow shape. Manicure, Pedicure, Aromazone, Aromatherapy Massage, Body Wrap, Make-Up.

10.00 am – 3.30 pm		Includes Lunch
Five and a half hours of total pampering.		£150.40
	£165.44	

Appointment changes should be made at least **48Hrs** in advance other wise a **CANCELLATION FEE** of half the treatment is payable.

MASSAGE

Reduce tension and relieve the negative effects of everyday stress. Relax while your massage restores balance.

THERAPEUTIC STRESS RELIEF BODY

MASSAGE:

We offer you a variety of expert massage techniques for stress reduction and deep tissue detoxification. We design this ideal combination of techniques to give you that perfect massage.

AROMATHERAPY MASSAGE:

A gently soothing Massage using blends of pure aromatic plant oils to calm the nerves and restore even the most tired and stressed bodies. Includes feet, back, neck, abdomen, face, & scalp. Other massages include: Swedish, Deep Tissue, Stress Relief.

1 ½ Hrs	£56.40
1 Hr	£62.25
¾ Hr	£46.75
½ Hr	£36.19
½ Hr	£25.85
6 1 Hr Sessions – Save £15.00	£25.00
	£240.0
10 1 Hr Sessions – Save £50.00	£350.00
	£375.0

LA STONE THERAPY

Experience the Baltic stones – they are known to promote a harmonizing and cleansing effect thus allowing for a meditative state of quietude and calm

£48.00 £52.80

REFLEXOLOGY:

Based on research indicating that the reflex zones on the feet correspond to reducing stress, we can improve your body wellness and restore your energy.

1 Hr	£34.00
	£37.40
6 Sessions – Save £16.00	£188.00
	£206.0

INDIAN HEAD MASSAGE:

A relaxing therapy that involves massage of your upper back neck, scalp, and face.

¾ Hr	£34.00
	£37.40
6 Sessions	£188.00
	£206.0

HAND & FOOT TREATMENTS WITH YOUR FACIAL:

Le Remedi Hand treatment	£10.95	£11.99
Both hands & feet	£17.60	£19.36
¼ Hr hand & foot treatment with reflexology	£30.00	£33.00

Our massages can be combined with any of your Professional Skin Care or Spa Body Treatments, to allow you to select your own customised programme. We encourage you to make specific requests & help us design what is right for YOU.

ELECTROLYSIS:

Senior

Therapist

The only proven method of permanent hair removal involves the insertion of a fine needle into the hair follicle to the hair root. Superfluous hair, although quite natural is a problem for many women & men and this simple removal is the most commonly used beauty service today. The treatment approved by the medical profession has been available for over 100 years. We always use individually packed Sterex disposable needles recommend by the public health service.

5 Mins	£7.34	£8.07
10 Mins	£11.16	£12.27
15 Mins	£15.98	£17.57
20 Mins	£17.91	£19.70
45 Mins	£22.97	£25.28
1 Hr	£33.50	£36.85

RED VEIN & SKIN TAG REMOVAL:

Red Veins are fine blood vessels, known as capillaries and are commonly found on the face and body.

Skin Tags are a common fibrous skin condition, most frequently found on the neck and underarms.

Sometimes unsightly these can be removed using the same method as Electrolysis

Specialised Treatments	£36.00	£39.00
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WAXING – PhD WAXING SYSTEM:

The latest innovation in the waxing market, this unique formulation of wax is easy, quick, & hygienic, as the wax is used with a completely disposable applicator, & by using a special cellophane strip after treatment prevents that waxy sticky feel afterwards.

Full Leg	£23.20	£25.52
Full leg, Bikini, & Underarm	£34.95	£38.45
½ Leg	£15.11	£16.62
½ Leg, Bikini & Underarm	£30.99	£33.99
¾ Leg	£19.10	£21.00
Bikini, Underarm & Lip wax. Two at £16.00*	£10.55*	£11.60
Brazilian	£16.95	£18.64
Hollywood	£22.50	£24.75
Eyebrow & Lip – or - Chin & Lip	£15.20	£16.72

EYE TREATMENTS:

Eye Lash Tint	£10.95	£12.00
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Eye Lash Tint & Eye Brow Tint	£13.25	£14.57
Tint test required 24hrs before treatment.		
Eyebrow Reshape. 15 Mins	£9.95	£10.90
Waxing, tweezing or electrolysis		
Eye Lash Perming. ¾ Hr	£35.00	£38.50
Perming test required 24hrs before treatment. Please do NOT wear mascara to treatment.		

EAR PIERCING:

Health Authority approved system Caflon for safest way to pierce ears. Available in Gold, Pearl & Shaped studs, which are non allergenic, pre-sterilized & supplied in individual blister packs.

Ear Pierce (Including Earrings)	£15.00	£16.50
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OVERNIGHT TANNING:

After exfoliating the area, self-tanning lotion is applied which enables a natural looking treatment in just a few hours? For best results we advise purchasing the tanning product for future use at home.

Full body + Product	£39.90
£43.89	
Full leg	£12.75
£14.00	
Face, neck, shoulders & arms	£15.00
£16.50	
Back shoulders & arms	£16.00
£17.60	

Californian Spray Tan;	£25.00	2 for
£35.00	£27.50	

FAST TAN SUN BED:

Single session.	£6.25
6 Sessions – Save £7.50	£30.00
10 Session – Save £15.50	£47.00

For safety all clients must use their own goggles.
£4.25

AROMAZONE:

An Aromazone massage moves lymphatic fluids around your body; it offers a pleasing massage to your legs and helps to reduce any water retention. Helps tone skin & improve circulation.

1 Hr.	£21.50
£23.65	
½ Hr.	£16.40
£17.60	
With other treatment	£17.00
£18.70	

BACKSCRATCHERS NAIL EXTENSIONS:

Backscratchers Glass Fibre Nails.	£49.35
£54.28	
Backscratchers Acrylic Nails	£40.70
£44.77	
Polish Extra	£10.52
£11.57	
Maintenance. New Full Set	£33.50
£36.85	
Individual Nails.	£8.16
£8.98	

MAKE - UP:

Bridal Make-up, Evening Make-up or just an every day make-up. We will show you how to apply your own & provide you with any tips to give you that professional natural look.

Treatment from	£25.00
£27.50	

Mobile from	£30.95	£34.00
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See additional leaflet on our Bridal packages.

JESSICA'S NATURAL NAIL MANICURE & PEDICURE:

1 ¼ Hr Deluxe Manicure.	£24.95	27.45
1 Hr Basic Manicure.	£17.95	£19.74
1 ½ Hr Deluxe Pedicure	£30.95	£34.00
1 Hr Basic Pedicure	£18.95	£20.85
Have a Le Remedi hand treatment with you manicure, pedicure or by itself for the ultimate hand treatment programme	£10.95	
£12.00		
Basic Manicure (Massage file & polish – 20mins)	£12.86	
£14.14		
French Polish (extra)	£1.95	£2.15
Polish Only	£10.55	£11.60
Nail Repair	£5.60	£6.15

CHIROPODY TREATMENTS:

Treatments from	£23.80
£26.15	

Elaine's



of Brampton

MIFA, BTEC, BABTAC, NCA, INA, ICA, NVQ

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Monday – Thursday
9am – 8pm
Friday 9am – 6pm
Saturday 9am – 5pm
Sundays 10am – 3pm
WALK –INS WELCOME

January 2005

Many packages are available including
Bridal, Valentines, Mothers Day, Half Day, or
Create Your Own. – Just ask at reception.